



February 2020

# Brown County Association for Home and Community Education Newsletter



## Executive Board

<b>President:</b>	Louise Dahlke	362-4756
<b>President Elect/Past:</b>	Vacant	
<b>Secretary:</b>	Arleene Miller	621-4620
<b>Treasurer:</b>	Chris Berner	336-3482

## Center Advisors

<b>De Pere Ridge:</b>	Marge Hutjens	336-5984
<b>Green Bay East:</b>	Joyce Grulke	863-6603
<b>Green Bay West:</b>	Leona Bergmann	499-9217

## Address

Extension Brown County  
2019 Technology Way, #113  
Green Bay, WI 54311

Phone: (920) 391-4610

## Presidents Letter

Louise Dahlke

I think the time is going way too fast! February already, what happened to January. I hope everyone is ready to attend the events we have planned this year. On February 4<sup>th</sup> Judy will give a presentation on Stress & Resilience with Pat Ross and Carol Hutjens at our new location in the STEM Innovation Center on the UWGB campus. This is one of the programs from our State Conference please plan to attend, call Joan to register in advance. On February 25<sup>th</sup> we plan to have information on Habitat for Humanity, the location is also at the STEM Center and check for more information in this newsletter. For March we have another program from the State Conference. Please remember to fill out the forms included in this newsletter for Member of the Year Award and also if you are planning to attend the State Conference in September please consider applying for a scholarship. We offer these every year and would really like to help pay for a part of your conference costs. These applications are due back to the office by April 1<sup>st</sup>.

Have a great February, stay warm and dry! Louise

## CALENDAR OF EVENTS

February 2020



Sun	Mo	Tues	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020



Sun	Mo	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020



Sun	Mo	Tue	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### February 4

#### Stress & Resilience

@ STEM Innovation Center, 10:00 am. Presented by Carol Hutjens, Pat Ross, and Judy Knudson

### February 25

#### Habitat for Humanity

@ STEM Innovation Center; time tentatively set for 1:30 pm

### March 8

#### Daylight Savings

Time to turn the clock forward one hour.

### March 10

#### Enhance Your Brain Health

@ STEM Innovation Center, 10:00 am. Presented by Pat Ross, Carol Hutjens, and Judy Knudson

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### April 1

#### Scholarship / Outstanding Member

Forms are due by 4:30 pm

### April TBD

#### Candy Making

Information coming

### April 14

#### 25th Annual Salad Supper

@ St. John Lutheran Church, De Pere; 5:00 pm; inquire about helping and bring a salad

### April 21

#### Northeast District Spring Meeting

@ Cobble Creek Dining, Brillion, hosted by Calumet County HCE

### April 24

#### BCHCE Spring Association Meeting

@ STEM Innovation Center, rm. 136; meeting 9:30 am

### April 28

#### CBD Oil / Product

@ STEM Innovation Center; Time ? Presented by Liz Binversie & Alex

## WELCOME TO 2020

### Educational Programs - Carol Hutjens

WELCOME TO 2020, and I wish you all a very Happy New Year. I am sure you are all meeting and are busy planning your 2020 year. The new program books are out, and we have a very good year ahead of us. On February 4th, we presented the program "Stress & Resilience". This was presented at our 2019 WAHC Conference to present to our members. It was amazing how we can develop some stress in our lives, and how we can handle it. We also have many interesting and educational programs planned for 2020. We have literature and information on our other Educational Program, "How to Think, Not What to Think". We do have a very good year ahead of us.

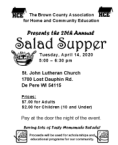


### Stress & Resilience

A program session on Stress & Resilience will be held on **February 4th** at the STEM Innovation Center, **10:00 am**. Check out helpful ways you can distinguish stress and how to remedy the effects of stress.

### Habitat for Humanity

Please join this session on Habitat for Humanity and learn what it does for our community on **February 25th; the time is tentatively set for 1:30 pm**, if the time were to change notification will be sent.



### Salad Supper Flyers

The 25th Annual Salad Supper flyers should be going to print end of February and ready in early March.



### Daylight Savings

Change the clock it's daylight savings time, **Sunday, March 8th**. The clock gets turned forward one hour. Remember to recheck or replace smoke detector batteries, make sure they're in good working order.

### Enhance Your Brain Health



A program on brain health will be presented on **March 10th at 10:00 am**. Get informed on how to strengthen and boost the wellness of your brain. Judy Knudson, Carol Hutjens, and Pat Ross will be presenting this program.

### BCHCE Scholarship / Outstanding Member



Please note the forms for State Conference Scholarship and the Brown County Association for Home and Community Education Outstanding Member Recognition are located in this newsletter, also online. The **deadline to submit is April 1st**.

### Candy Making

Information will be posted when received.

## 25th Annual Salad Supper

April 14



The 25th Annual Salad Supper will be at St. John Lutheran Church in De Pere. The event begins at **5:00 pm on Tuesday, April 14th**. HCE members are asked to bring a salad that serves 10-12 people. There will also be raffles. Please inquire about helping with the Salad Supper needs or other questions, by contacting your club president. All club president's have received Salad Supper instructions, which should be read at your club meetings.

## Northeast District Spring Meeting

April 21

The Spring Northeast District Meeting will be held **April 21st** at Cobblestone Creek Dining in Brillion. More information will appear in following newsletter.

## BCHCE Spring Association Meeting

April 24

BCHCE Association Meeting will be at the STEM Innovation Center on **April 24th** with meeting to start at **9:30 am**.

## CBD Oil / Products

April 28

The program session on CBD will be at the STEM Innovation Center on **April 28th, time TBD**. The program will be presented by Liz Binversie, Extension Brown County Agriculture Agent and Alex.

## 2020 Earth Day Turns 50



Do you know who developed or founded Earth Day?  
Do you know the *date* Earth Day is celebrated?  
What *year* was the 1st Earth Day celebrated?  
(Answers will be March Newsletter)

Do you remember if you were a part of the first Earth Day celebration in your home town or elsewhere? If so, what or how did you contribute?

## Blanket

Submitted by Joyce Grulke

East River club members assembling a blanket, which will be donated to the United Way January blanket drive. Left to right Dorothy Van Bellinger, Delores Schleis, Betty Michiels, and Pat Matzke. (photo by Joyce Grulke)



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## BCHCE Spring Banquet

The Brown County Association for Home and Community Education Banquet will be on **Wednesday, May 13th** at **The Rite Place** with social at 5:00 pm and dinner at 6:00 pm. Meal cost is set at \$15. More information will follow in the March newsletter.

## Citizenship

**Shirley Nooyen**

### Military Packages

The military men and women can use items all year long.

For instructions on how and where to send packages and For boxes at post office.

Fill customs form for military care kits at UPS website.

It takes at least 2 weeks and longer for holidays.

Example of some items that are good to send:

Letters, pens/pencils, cards/stationary (skip the stamps), calendars; puzzles - word search / cross word /comic strips / games / playing cards; flip fops / lip balm

### Food Items

Beef sticks / dried fruit / granola bars / trail or Chex mix / hard candy / crackers, squeezable jiffy, assorted

nuts / cookies bars homemade or store bought

Folgers individual coffee / Gatorade (to additive in water)

assorted teas; snack and sandwich size zip lock

bags / disposable razors / shaving gel (non -aerosol) / tooth

paste / tooth brushes / small sample size shampoo, bars of

soap / black or green tube socks



## WI/Nicaragua

**Submitted by Jan Coenen**

Wisconsin/Nicaragua Partners Brown County Association for Home and Community Education (HCE) and De Pere Christian Outreach (DPCO)

What a busy December!! I thought the Fall was busy but December topped all the months at De Pere Christian Outreach and the Nicaragua Project. The rummage sales are finally ending but we are getting donations along with people Christmas cleaning and decorating.

On Monday, December 9, 2019 Jim came to pick up the sewing machines and parts, due to Erv's failed trailer. I asked Jim to take some boxes as well as the sewing machines. We had eleven sewing machines (5 in cabinets) and a box of instruction guides and parts. These will be repaired by Jim, if possible, and taken to the Stevens Point warehouse.

Jim was willing to take 52 boxes. The donations included:

5 sewing machines with cabinets (\$60.00)

8 sewing machines with or without cases (\$120.00)

1 box of parts and instructions (\$35.00)

31 boxes of fabric each (\$35.00)... (\$1085.00)

16 Boxes sewing notions / crafts each (\$20.00)...(\$320.00)

3 Boxes yarn (\$48.00)

2 boxes patterns (\$30.00)

**Total \$1698.00**

Our donations are based on thrift store prices. We continue to collect for our spring donations. We will be starting with 22 boxes and ironing boards, Jim is great! Thank you! I don't know how Jim got all the donations in his van.



## De Pere Ridge Center Report

**Center Advisor: Marge Hutjens**



**Country Critters**-Our Sept. meeting started with elections, Autumn luncheon was discussed, towels, dish clothes, sheets, pillows for East De Pere High were collected for "Birds Nest". Programs were selected for leader training. In October Janice reported on the Fall Association meeting. We received thank you cards from our recent donations, games were played. In November members attended yoga class at the Kress Library, members brought canned goods for De Pere Food Pantry. Pat will pick up toiletry items for Syble Hopp School. A member Edie Welch, passed away on Nov. 14th. In Dec. cookies were brought to White Pillars for Santa's House. Syble Hopp Christmas pageant will be Dec. 18th at 1:00. We celebrated our Christmas Party with games, food and exchange of gifts. We try to "Make-a-Difference each month. Happy New Year!

**Ledgeviewers**-Arleene presented a program on stress. Elections were held. Dues will be collected in Oct.. The Autumn luncheon was discussed. Some members will attend Fell Northeast District meeting. There is a special exhibit at the museum M.B. regarding special places in Brown County. Marion explained the new STEM building (parts of the UW-Green Bay campus). Carol high lighted on the Education program from the conference, chair yoga will be attended by some members. Members will attend the movie "White Christmas" with a lunch to follow. Happy New Year!

**Mod Moms**-No Report

## International

**Shirley Nooyen**



### Do You Travel?

I would like to publish everyone's travel stories or vacations. Be it traveling in the U.S. or abroad, we would love to hear your tale. While traveling learn other ways of living and learn inside knowledge, enjoy local taste and culture. Hope to hear about your vacations. Please send your report to Shirley Nooyen.

## WI/Nicaragua

**Photos submitted by Jan Coenen**



**BROWN COUNTY ASSOCIATION FOR HOME and  
COMMUNITY EDUCATION OUTSTANDING MEMBER OF  
THE YEAR NOMINATION**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Name, address and phone number of person submitting the  
candidate's name

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

**Family, Clubs, and Organizations**

Number and describe detailed involvement on a separate sheet.

Club \_\_\_\_\_ Years in Club \_\_\_\_\_

Offices held \_\_\_\_\_

Involvement in club activities such as special interest program  
participation and presentation to club, leadership training, pro-  
gram leadership, etc.

County \_\_\_\_\_ Years in county \_\_\_\_\_

Offices held \_\_\_\_\_

- ◆ Participation in county projects such as leadership training or  
special interest presenter or attendee, Salad Supper volun-  
teer, donator and/or attendee, Wisconsin Bookworms, ban-  
quets, etc.
- ◆ Involvement at District or State level
- ◆ List memberships in civic/social/religious organizations.
- ◆ Include offices held and special projects and how candidate  
offered leadership and volunteer efforts.
- ◆ Prepare a short statement about candidate and her family.  
State in 100 words or less why your club considers the  
candidate a worthy nominee for the Outstanding  
BCHCE Member Award.

(Include data not listed above that supports nomination.)

- ◆ Please submit a picture of the candidate.

**Forms are due by 4:30 pm April 1 or postmarked by  
April 1 to:**

Extension Brown County  
Attn: BCHCE Scholarships  
2019 Technology Way, Rm. 113  
Green Bay, WI 54311



**BROWN COUNTY ASSOCIATION FOR HOME and  
COMMUNITY EDUCATION SCHOLARSHIP  
WAHCE State Conference**

**First Time Attendee? (Please circle)      Yes      No**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone Number \_\_\_\_\_

Club \_\_\_\_\_

Number of Years in HCE \_\_\_\_\_

Club President \_\_\_\_\_

Telephone Number \_\_\_\_\_

Have you ever attended a State Conference: \_\_\_\_\_

Have you ever received a scholarship for State Conference?

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when? \_\_\_\_\_

List offices and program chairmanships held and years held (Use sepa-  
rate sheet if necessary)

Club \_\_\_\_\_

Brown County \_\_\_\_\_

District/State \_\_\_\_\_

What contributions have you made to your local club? Be specific  
(Use separate sheet)

What contributions have you made to the BCHCE on a county level?  
Applicants contribute to the BCHCE with time or talent. (Use separate  
sheet)

Club/Individual \_\_\_\_\_

County \_\_\_\_\_

District/State \_\_\_\_\_

Why do you want to attend this event? \_\_\_\_\_

**FULL TIME ATTENDANCE REQUIRED** for Scholarship.

**Applications are due by 4:30 pm April 1 or postmarked by  
April 1 to:**

Extension Brown County  
Attn: BCHCE Scholarships  
2019 Technology Way, Rm. 113  
Green Bay, WI 54311

